

Cataract Surgery Preparation: To Do List

☐ Call your Primary Care Doctor and make appointment for a **PRE-OP HISTORY AND PHYSICAL EXAM**. This exam must be done two weeks before your first surgery and within 90 days of your scheduled surgery date.

MAKE THIS APPOINTMENT ASAP

☐ **Compound RX Pharmacy** formulates and provides the eyedrops for surgery. Drops are purchased directly through our practice. If you have not received your drops by surgery day, please stop up to our office the day of surgery or your one-day postoperative appointment to purchase.

A compounding pharmacy does not accept insurance.

☐ You will receive a **pre-operative phone call** from THE EYE SURGERY CENTER (downstairs, 802.861.3554) before your surgery date with your arrival time, surgery time, departure time, dietary restrictions (***DO NOT EAT ANYTHING AFTER MIDNIGHT OR DRINK ANY CLEAR LIQUIDS WITHIN 2 HOURS OF YOUR SURGERY TIME**), and any other details pertaining to your surgery. Please complete your patient worksheet before the phone call.

☐ You will need to arrange for a **driver** (not a taxi or Uber) on the **day of surgery** and for the **1-day postoperative appointment**. The 1-day postoperative appointment will be approximately 30 minutes.

☐ After your surgery, you will also have **postoperative appointments** with our office to track your recovery. These appointments will be **emailed/mailed/given to you BEFORE your surgery date**. If for any reason you will be unable to make any of these appointments or need to reschedule, please let our office know (802-862-1808 EXT 225).

*** We have provided you a list of medications that you **CAN NOT** take within one week of your surgery. Please review your medications carefully and call with any questions***