

# Cataract Surgery Preparation: To Do List

Call your Primary Care Doctor and make appointment for a pre-op History and **PHYSICAL EXAM**. This exam must be **within 30 days** of your scheduled surgery date.

You must fill your **EYE DROPS** at least a week before your scheduled surgery date.

\*\*\* **Not every patient is prescribed every drop.** \*\*\*  
**Please disregard the drops that you have not been prescribed.**

- You will start taking an ANTIBIOTIC (VIGAMOX or CIPROFLOXACIN) **3-days before** your scheduled surgery date. You will administer one drop in the eye that will undergo surgery, four times per day. You will continue to use this drop **after** surgery for about a week.
- You will start taking an NSAID **3-days before** your scheduled surgery date.
  - If you were prescribed ILEVRO or PROLENSA, you will administer one drop in the eye that will undergo surgery, one time per day. You will continue to use this drop **after** surgery for about 4 weeks.
  - If you were prescribed KETOROLAC, you will administer one drop in the eye that will undergo surgery, four times per day. You will continue to use this drop **after** surgery for about 4 weeks.
- You will start taking a STEROID **1-day after** your scheduled surgery date.
  - If you were prescribed DUREZOL, you will administer one drop in the eye that underwent surgery, two times per day for TWO WEEKS. Then, you will reduce to one drop, one time per day for TWO WEEKS. You will therefore administer this drop for a total of 4 weeks after your surgery.
  - If you were prescribed PREDNISOLONE, you will administer one drop in the eye that underwent surgery, four times per day for ONE WEEK. Then, you will reduce to one drop, three times per day for ONE WEEK. Then, you will reduce to one drop, two times per day for ONE WEEK. Then, you will reduce to one drop, one time per day for ONE WEEK. You will therefore administer this drop for a total of 4 weeks after your surgery.

You will receive a **pre-operative phone call** from THE EYE SURGERY CENTER (downstairs, 802.861.3554) about one week before your surgery date with your arrival time, surgery time, departure time, dietary restrictions, and any other details pertaining to your surgery. Please complete your patient worksheet before the phone call.

You will need to arrange for a **driver** (not a taxi) on the **day of surgery** and for the **1-day postoperative appointment**. The 1-day postoperative appointment will be approximately 30 minutes.

After with your surgery, you will also have **postoperative appointments** with our office to track your recovery. These appointments will be **mailed/given to you BEFORE your surgery date**. If for any reason you will be unable to make any of these appointments or need to reschedule, please let our office know (802.862.1808).